

Fall/Winter Cycle Menu- Week 1

Regular

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|---|--|---|
| Breakfast- Served with Beverage of Choice | | | | | | |
| Cereal of Choice Scrambled Eggs Banana Bread Sausage Links | Cereal of Choice Fruited Yogurt Parfait Assorted Muffin Fresh Fruit | Cereal of Choice Pancakes Bacon Fresh Fruit | Cereal of Choice Poached Eggs English Muffin Fresh Fruit | Cereal of Choice Breakfast Casserole Fruited Yogurt Fresh Fruit | Cereal of Choice Breakfast Sandwich Fresh Fruit | Cereal of Choice Cheese Omelet Toast Bacon |
| Lunch- Served with Beverage of Choice | | | | | | |
| Roasted Pork Loin Garden Blend Rice Mixed Vegetables Pumpkin Dump Cake | Open Faced Roast Beef Sandwich on Texad Toast Mashed Potatoes Green Beans Better Than Anything Cake | Lemon Pepper Fish Rice Pilaf Beets Oatmeal Cookie | Chicken & Noodles Steamed Carrots Cream Pie | Ravioli in Tomato Sauce Bread Stick Steamed Broccoli Banana Pineapple Passion | Ham & Cheese Casserole Dinner Roll Steamed Asparagus Rhubarb Crumble | Honey Mustard Chicken Baked Potato California Normandy Vegetables Ice Cream |
| Supper- Served with Beverage of Choice | | | | | | |
| Turkey Rice Soup Grilled Chicken & Swiss Sandwich Lettuce, Tomato, Onion, Pickle Fresh Fruit Cup | Personal Cheese Pizza Side Salad with Dressing Fresh Fruit Cup | Cream of Broccoli Soup Hamburger on a Bun Lettuce, Tomato, Onion, Pickle Caramel Apple Fluff | Tuna Pasta Salad on a Lettuce Leaf Dinner Roll Fresh Fruit Cup | Oven Baked Chicken Brest Cheesey Potatoes Prince Edward Vegetables Grape Salad | Meatloaf Sandwich on a Bun Mashed Potatoes Steamed Broccoli Fresh Fruit Cup | Ham & Bean Soup Grilled Cheese Sandwich Steamed Carrots Cinnamon Apple Sauce |